## WHAT IS CLAIMED IS:

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- 1. A method of inhibiting inflammation comprising administering to a cell a monoterpene composition that inhibits NF-κB.
- 5 2. The method of claim 1, wherein said NF-κB is induced by TNF.
  - 3. The method of claim 1, wherein said composition further comprises a carrier moiety.
- 10 4. The method of claim 3, wherein said carrier moiety comprises a lipid.
  - 5. The method of claim 3, wherein said carrier moiety comprises a membrane permeable composition.
  - 6. The method of claim 3, wherein said carrier moiety comprises a sugar.
  - 7. The method of claim 3, wherein said carrier moiety comprises a triterpene moiety.
- 8. The method of claim 1, wherein the monoterpene composition further comprises a triterpene moiety.
  - 9. The method of claim 1, wherein the monoterpene composition further comprises a sugar.
- The method of claim 1, wherein the monoterpene composition further comprises a second monoterpene moiety.

$$\begin{array}{c} R_{19} \\ R_{11} \\ R_{12} \\ R_{13} \\ R_{16} \\ R_{10} \\ R_{14} \\ R_{15} \\ R_{20} \\ R_{22} \\ R_{23} \\ R_{24} \\ R_{20} \\ R_{24} \\ R_{25} \\ R_{26} \\ R_{26} \\ R_{26} \\ R_{27} \\ R_{27$$

, or an isomer thereof wherein,

- a) R<sub>1</sub> and R<sub>2</sub> are selected from the group consisting of hydrogen, C1-C5 alkyl, C1-C5 alkylene, C1-C5 alkyl carbonyl, a sugar, an oligosaccharide;
- b) wherein R<sub>3</sub>-R<sub>36</sub> are each separately and independently selected from the group consisting of a point of unsaturation, hydrogen, hydroxyl, C1-C5 alkyl, C1-C5 alkylene, C1-C5 alkyl carbonyl, a sugar, C1-C5 alkyl ester, and a monoterpene group; and
- c) at least one of  $R_3$ - $R_{36}$  is a monoterpene group.
- 12. The method of claim 11, wherein  $R_1$  and  $R_2$  each comprise an oligosaccharide.
- 13. The method of claim 12, wherein R<sub>1</sub> and R<sub>2</sub> each comprise a monosaccharide, a disaccharide, a trisaccharide or a tetrasaccharide.
  - 14. The method of claim 13, wherein R<sub>1</sub> and R<sub>2</sub> each comprise an oligosaccharide comprising sugars which are separately and independently selected from the group consisting of glucose, fucose, rhamnose, arabinose, xylose, quinovose, maltose, glucuronic acid, ribose, N-acetyl glucosamine, and galactose.

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- 16. The method of claim 11, wherein R<sub>4</sub> is attached to the triterpene moiety through one of the methylene carbons attached to the triterpene moiety.
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- 17. The method of claim 11, wherein said triterpene moiety further comprises at least one double bond.
- 18. The method of claim 11, wherein said isomer is a stereoisomer.
- 19. The method of claim 11, wherein said isomer is an optical isomer.
- 20. The method of claims 7 or 8, wherein said triterpene moiety is an acacic acid ester, a oleanolic acid ester, a betulinic acid ester, an ursolic acid ester, a quinovic acid ester, a pomolic acid ester, a rotundic acid ester, a rotungenic acid ester, a madasiatic acid ester, an asiatic acid ester, an euscaphic acid ester, a tormentic acid ester, madecassic acid ester, a lupeolic acid ester, a cylicodiscic acid ester, a mollic acid ester, a jessic acid ester, an echinocystic acid ester, or an entagenic acid ester.
- 21. The method of claim 1, wherein said monoterpene moiety comprises the formula:

$$O_2C$$
— $CH$ — $CH_2$ — $CH_2$ — $CH$ — $CH$ — $CH$ — $CH_2$ 
 $CH_2OH$ 
 $O-R_3$ 

- , or an isomer thereof wherein,
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- a) R<sub>3</sub> is selected from the group consisting of hydrogen, hydroxyl, C1-C5 alkyl, C1-C5 alkylene, C1-C5 alkyl carbonyl, a sugar, and a monoterpene group; and

- b) the formula further comprises R<sub>4</sub>, wherein R<sub>4</sub> is selected from the group consisting of hydrogen, hydroxyl, C1-C5 alkyl, C1-C5 alkylene, C1-C5 alkyl carbonyl, a sugar, C1-C5 alkyl ester, and a monoterpene group.
- 5 22. The method of claim 21, wherein said isomer is a cis isomer.
  - 23. The method of claim 1, wherein said isomer is a trans isomer.
  - 24. The method of claim 21, wherein  $R_3$  is a sugar.
  - 25. The method of claim 24, wherein the sugar is selected from the group consisting of glucose, fucose, rhamnose, arabinose, xylose, quinovose, maltose, glucuronic acid, ribose, N-acetyl glucosamine, and galactose.
  - 26. The method of claim 24, further comprising a monoterpene moiety attached to the sugar.

- 27. The method of claim 21, wherein R<sub>3</sub> has the following formula:
- o, wherein R5 is selected from the group consisting of hydrogen, hydroxyl, C1-C5 alkyl, C1-C5 alkylene, C1-C5 alkyl carbonyl, a sugar, C1-C5 alkyl ester, and a monoterpene group.

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5 30. The method of claim 21, wherein said isomer is an optical isomer.

31. The method of claim 21, wherein R<sub>3</sub> has the following formula:

32. The method of claim 21, wherein R<sub>3</sub> has the following formula:

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$$CO_2$$
 $OH$ 
 $R_2$ 

or an isomer thereof, wherein,

- a)  $R_1$  and  $R_2$  are selected from the group consisting of hydrogen, C1-C5 alkyl, and an oligosaccharide;
- b) R<sub>3</sub> is selected from the group consisting of hydrogen, hydroxyl, C1-C5 alkyl, C1-C5 alkylene, C1-C5 alkyl carbonyl, a sugar, and a monoterpene group; and
- c) the formula further comprises R<sub>4</sub>, wherein R<sub>4</sub> is selected from the group consisting of hydrogen, hydroxyl, C1-C5 alkyl, C1-C5 alkylene, C1-C5 alkyl carbonyl, a sugar, C1-C5 alkyl ester, and a monoterpene group, and wherein R<sub>4</sub> may be attached to the triterpene moiety or the monoterpene moiety.
- 34. The method of claim 33, wherein said isomer is a stereoisomer.
- 20 35. The method of claim 33, wherein said isomer is an optical isomer.
  - 36. The method of claim 1, wherein said composition comprises the formula:

37. The method of claim 1, wherein said composition comprises the formula:

38. The method of claim 1, wherein said composition comprises the formula:

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39. The method of claim 1, wherein said inflammatory responses are inhibited when said composition is administered to said cell at a concentration of from about 0.5 to about 2.0 μg/ml.

- 40. The method of claim 1, wherein said cell is in a subject having an inflammatory disease.
- 41. The method of claim 40, wherein said subject is a human.
- 42. The method of claim 40, wherein said inflammatory disease is selected from the group comprising premalignant inflammatory disease, arthereosclerosis, rheumatoid arthritis, osteoarthritis, multiple sclerosis, Parkinson's disease, and Alzheimer's disease.
- 43. The method of claim 42, wherein said premalignant inflammatory disease is Barretts esophagitis, inflammatory bowel disease, chronic pancreatitis, chronic prostatitis, familial polyposis, actinic keratosis.
- 44. The method of claim 1, wherein said composition inhibits COX-2.
- 45. The method of claim 1, wherein said composition inhibits iNOS.
- 46. The method of claim 1, wherein said administering is local.
- 47. The method of claim 46, wherein said administering is by injection.
- 48. The method of claim 46, wherein said administering is topical.
- 25 49. The method of claim 1, wherein said administering is systemic.
  - 50. The method of claim 1, wherein said administering is oral.

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- 51. The method of claim 1, wherein said composition is a pharmaceutical composition in a pharmacologically acceptable medium.
- 52. The method of claim 51, wherein said pharmacologically acceptable medium is a buffer, a solvent, a diluent, an inert carrier, an oil, a creme, or an edible material.
  - 53. The method of claim 52, wherein said pharmaceutical composition further comprises a targeting agent.
- The method of claim 53, wherein said targeting agent directs delivery of said pharmaceutical composition to an inflamed cell.